

# Novato Horsemen, Inc. Newsletter – September 2021



## 2021 Board of Directors:

President	AJ Gigliotti	415-898-4480	<a href="mailto:agtis88@gmail.com">agtis88@gmail.com</a>
Vice President	Shawn Mulholland	415-279-2502	<a href="mailto:shawnmulholland@gmail.com">shawnmulholland@gmail.com</a>
Treasurer	Henry Choi	415-730-5539	<a href="mailto:hhc1968@yahoo.com">hhc1968@yahoo.com</a>
Recording Secretary	Joan Murphy	415-519-8423	<a href="mailto:immurphy49@comcast.net">immurphy49@comcast.net</a>
Corresponding Secretary	Sarah Bulgatz	415-827-5137	<a href="mailto:sbulgatz@comcast.net">sbulgatz@comcast.net</a>
Past President	Alyssa Aubrey	707-878-2440	<a href="mailto:alyssa@horsedream.us">alyssa@horsedream.us</a>

## 2021 Board Members at Large:

Kimberly Fishman	415-310-1862	<a href="mailto:carriagerental@yahoo.com">carriagerental@yahoo.com</a>
Kim O'Brien	415-895-1111	<a href="mailto:kimbrienbangkok@yahoo.com">kimbrienbangkok@yahoo.com</a>
Marty McCowen	415-309-6710	<a href="mailto:Mmccowen@comcast.net">Mmccowen@comcast.net</a>
Jill Peterson	415-897-2404	<a href="mailto:jilldpeterson44@gmail.com">jilldpeterson44@gmail.com</a>
Beth Roens	415-613-9955	<a href="mailto:b_roens@hotmail.com">b_roens@hotmail.com</a>

## 2021 Junior Advisors:

Rosella Arnold	415-516-8158	<a href="mailto:rosellaarnold@yahoo.com">rosellaarnold@yahoo.com</a>
Rebecca Cowlin	415-497-0681	<a href="mailto:rebecca@afterhoursmktg.com">rebecca@afterhoursmktg.com</a>
Toni Shroyer	415-640-2754	<a href="mailto:tonishroyer@hotmail.com">tonishroyer@hotmail.com</a>
<b>Snack Shack Coordinator:</b>		
Henry Choi	415-730-5539	<a href="mailto:hhc1968@yahoo.com">hhc1968@yahoo.com</a>

## September Calendar & Events

### Clinic & Cattle Update

Mike Bridges' Seeking Refinement Clinic will take place Fri.-Sun., Sept. 3-5. The grounds will be closed to members during these clinic days. For more info, call Scott Colvin: (415) 716-1927. Ranch cutting and team penning will continue this month as usual.

### Tamalpais Trail Riders 80<sup>th</sup> Annual Trail Test – Sun., Sept. 19

Registration 9:00 a.m.; events begin at 10:00. Contact Nimfa at (415) 787-4656 or [nimfa@gofficesolutions.com](mailto:nimfa@gofficesolutions.com). Details are on page 7 of this newsletter.

### Camping at Five Brooks Camp (Formerly Stuart Camp) – Sept. 25

Our first overnight camping trip in years! This is a **members-only** event, and space is limited so sign up early. Details are on page 8 of this newsletter.

### Club Trail Ride – Sun., Sept. 26, at Five Brooks

Meet Trail Boss, Rob Dunlap, at 9:30 a.m. on Sunday, Sept. 26, at the Five Brooks parking lot, and be prepared to ride out at 10:00. If you're participating in the club camping trip, feel free to ride with us! If you're just trailering in for the day, we'll be riding out at 10:00. For more info, call Rob: (510) 409-0111.

### September 2021 NHI Meeting Dates

**General Meeting** – Canceled this month due to Covid restrictions and concerns.

**Junior Board Meeting** – Tuesday, Sept. 14; **Senior Board Meeting** – Tuesday, Sept. 21.

*Coming in October: All-Around Horse Show (10/3)! Details on pages 9-10.*

## President's Message, September 2021

Dear Members:

The Bay Area counties, including Marin, have now mandated a mask requirement for all indoor activities regardless of vaccination status. As a result, the Board of Directors agreed to cancel in-person general meetings until further notice. We will explore the possibility of holding a virtual (Zoom) meeting in the future so we can keep you up to date.

We are fortunate that our outdoor activities continue despite Covid. Our Saturday night Team Penning and Thursday night Ranch Cutting are going strong, and I encourage members to come on down and enjoy the experience.

NHI is sponsoring an overnight ride at Five Brooks Camp (Formerly Stuart Camp) in West Marin on September 25 and 26 (see page 8 of this newsletter). This event is for members only, and juniors are welcome, too. This is a great opportunity for those wanting to camp and ride their horses in a great location with excellent facilities, close to home. If you're interested, please help us get a head count by making a reservation early. Space is limited. We will follow all Covid guidelines and keep everyone informed of any changes that could impact the event.

Other events coming up include the Tamalpais Trail Riders 80<sup>th</sup> Annual Trail Test on September 19 and the NHI All-Around Horse Show on October 3, which will offer something for everyone -- Western, English and Trail. See pages 7 and 9 for details on both events. In addition, Carolyn Conner will be needing volunteers for the All-Around Horse Show, so if you have time and interest to volunteer, contact Carolyn.

I am asking any member interested in serving on the Nominating Committee to please contact me. We will need to find members willing to serve in leadership positions on the Board of Directors for 2022. This is a great time to step up and contribute to this organization.

In some less than upbeat news, it has come to our attention that NHI has not filed federal payroll-related tax returns nor paid payroll taxes as required for the past ten years. Our club has been an employer since October 2009 with respect to our caretaker. As such, we have certain legal requirements and obligations, and as a long-time member, I am extremely frustrated that NHI has not fulfilled its obligations in this regard. Based on discussion with various members, we learned that past leadership made the decision not to pay payroll taxes and file the requisite returns. We are unclear as to why this decision was made, but the fact remains that we have a legal obligation to comply.

We will be sending out an email with additional details and intend to call a special general meeting to provide an opportunity for you to ask questions. In summary, we expect the costs of filing these tax returns, and paying the taxes and penalties that have accrued over the ten years of noncompliance to amount to approximately \$21,000. Please be aware that I and the current Board of Directors are committed to make every effort to minimize the actual obligation to the extent possible. It should be noted that we reviewed an option for a less costly approach using a voluntary compliance with the IRS. However, NHI is not eligible for said program.

*AJ*

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### Want to host a clinic or schedule an event/program at NHI?

If you'd like to reserve any 2021 or 2022 dates, contact Karen Kilian. She will let you know the procedures for approval: 415-897-0794 or [1EeyoreNut@gmail.com](mailto:1EeyoreNut@gmail.com).



## Getting to Know the 2021 Board of Directors

### Q & A with Board Member at Large Jill Peterson

#### What are your responsibilities as NHI Board Member at Large?

I am responsible for the club's operating according to the Bylaws. However, I am especially interested in member activities that further equine education and partnership.

#### Where do you currently work, or what did you do before you retired?

The jobs I had in the past were mostly office management and clerical. My favorite job was working for JM Capriola in Elko, Nevada. This store specializes in ranch and cowboy tack. We did some traveling and set up vendor booths at various rodeo and horse show events in California, Nevada, Utah, Montana, Idaho, Colorado and one year we went to the Equitana in Germany.



*Jill with her lovely paint mare, Lily*

#### How do horses fit in your life?

My life pretty much revolves around horse "stuff." My mare is recovering from laminitis, which has given me home time to study various equine topics such as laminitis, diet, hoof care, tack fit and use, body work, conformation, various types of horsemanship and my favorite: biomechanics. I have learned enough to know I know very little and am just a student of the horse.

#### When did you get your first horse?

At the age of 12, I purchased my own horse with my life savings of \$25. I learned many years later that my dad included a steer in the transaction.

#### How long have you lived in Novato, and where did you grow up?

I grew up in Mill Valley. During my senior year of high school, my family moved to Novato. After high school I lived at Lake Tahoe and from there moved on to Elko, Nevada. In 1994 I came back to Novato to help my mother, and have been here ever since.



#### How long have you been a member of NHI?

That is a question I cannot answer in years. I recall participating in Novato Horsemen events when I was about 13 years old. My whole family was involved in many horse clubs in Marin County. I do know I am a second-generation Novato Horsemen Lifetime Member.

#### What's the greatest opportunity that NHI has in the coming months/years?

In my opinion, NHI should concentrate on providing members with high-quality equine education and events to promote interest and understanding of our equine partners.

#### Aside from things equine, what are your hobbies/interests?

Besides my horse activities, my family is important.

*Jill has been very active helping with fly control at NHI.*

## Membership Update

### New Member Applicants

#### Dawn Bedell – Sponsored by Brenda Falco

“I have been exploring the Novato trails with my horse, Petunia, for almost eight years now. I spend my days working at a small animal clinic in Corte Madera. I spend my evenings at Morning Star Farm with Petunia. I figured it was about time to officially apply for a membership with Novato Horsemen as I had so much fun at the Play Date. Here I am with Petunia on Dwarf Oak Trail.”



#### Leah Borries – Sponsored by Toni Shroyer

“I am a Novato native and have been riding horses on and off since 1995. I rode western as a kid, did pony club across the street, trained in dressage, and even did some natural horsemanship after my first round of college. Below are some pictures over the years.”



*Riding with Toni & her horses*



*When I rode dressage in my 20s*



*Little Leah, back in the day*

#### Melissa Daniels – Sponsored by Ashley Payne

“I own and operate a beef ranch in west Marin and am a board member on the Cattlemen’s Beef Board and full-time Project Manager for Kaiser Permanente. I handle all of my cattle operations and raise registered Angus as a cow-calf operation as well as having my own beef label. I have an artisan soap business made with home-grown ingredients as well as rosemary and lavender cooking salts (Cow Track Creations is the company). I host weddings and events on my property and have been doing day-of-event coordination and decor staging at home and other venues for eight years. I’ve been riding horses my whole life as my mom, Liz Daniels (passed Aug. 2018), was a horse trainer and big in the horse community, and my dad was Bruce Daniels (passed May 2021), a large animal veterinarian for 55 years and a horseman.”



My dad and I attended Novato Horsemen when I was a teen, roping on Thursday nights, and I rode as a guest two years ago when my dad was able to attend and remember the fun times we had. I’ve been enjoying team-penning this year and have many friends at Novato Horsemen. I have two horses (pictured on the following page). Holly is a four-year-old APHA mare whom I broke myself, and Rafiki is a seven-year-old PHA/AQHA reined cow horse gelding. I mostly ride Holly at Novato Horsemen as she’s my ranch horse which I use to gather cattle at home and trail ride. She has been to cuttings as well and is my all-around.

*(Continued)*

## Membership Update (Cont.)

### New Member Applicants

I look forward to many years of being a part of a great organization and am available to help with events as I have many years' experience and am willing to help with shows as well as other activities. I am excited to be a part of a great group of individuals in the horse community and having a fun time."

*Pictured below, left to right: Melissa Daniels' horses Rafiki and Holly*



### Brandi Duffin – sponsored by Nicole Choi



"My daughter, Molly, is a Junior Horsemen member who has served on the JR board for three years. I'm an ex-horsewoman but one day hope to sit in the saddle again. We currently lease a 12-year-old quarter-Arab but are actively seeking a new horse so if anyone has a younger horse for sale or lease let me know!

We live in Novato and board in Novato. I work at Sinaloa middle school, and Molly is a freshman at San Marin High School. Molly is quite the horsewoman and has worked with her horse, who formerly spooked at everything, daily. They now go on trails in a halter and bareback. Molly loves riding new horses and will never miss an opportunity to jump on a horse or work with a new horse. She aspires to be a vet."

### Hanna Stefenoni – sponsored by Shannon Leveroni

"Hi! I am from Petaluma and grew up around horses and dairy cattle. When I was younger, I showed western and English pleasure, I jumped, and dabbled in team penning. In 2012, I left California to pursue schooling and got my B.S. degree in animal science at Oklahoma State, my M.S. degree in dairy science at Washington State, and then went to Penn State to work on a PhD studying methane emissions in dairy cattle. Unfortunately, AND fortunately, when COVID hit, my research got delayed and at the same time a job opened at Clover Sonoma and I saw the opportunity to move back to Petaluma. I applied for the job and the rest is history! I stopped riding when I left California nine years ago and recently started riding again. Looking forward to being a part of the club!"



**80th ANNUAL TRAIL TEST**

PRESENTED BY  
**TAMALPAIS TRAIL RIDERS, INC.**

**SUNDAY, SEPTEMBER 19, 2021**

Location:

Novato Horsemen's Arena  
600 Bugeia Lane, Novato, CA

Sign-ups begin at 9am  
Events start at 10am sharp

Entry fee: \$40.00

**CASH PRIZES**

**Senior Division**

1<sup>st</sup> Place - \$100  
2<sup>nd</sup> Place - \$ 50  
3<sup>rd</sup> Place - \$ 20

**Junior Division**

1<sup>st</sup> Place - \$20

**AWARDS**

**1<sup>ST</sup> THRU 6<sup>TH</sup> BOTH DIVISIONS**

*\*Junior Division = 14 and under*



Fun obstacles and challenges for horse & rider

Snack Shack will be available for food and refreshments.

Proper attire, Including Heeled Footwear Required. Helmets recommended.

**All participants should pick-up their hay and manure**

**All participants shall have a halter and lead rope**

**Discounts for recognized organizations with 6 or more at \$25.00 per entry**

Contact Nimfa at 415-787-4656  
Email: [nimfa@gofficesolutions.com](mailto:nimfa@gofficesolutions.com)



## Come join us for the first overnight ride in many years!!

Sept. 25-26

Location: Five Brooks Camp (Formerly Stuart Camp)

8001 Shoreline Hwy 1, Olema, CA 94950

(415) 663-1570

Five Brooks Camp fees are \$10 per rig, \$10 per horse and \$10 per person per day. A member will be charged \$30 if they come in early on September 24 and another \$30 for September 25 for 1 rig, 1 horse and 1 person per day.

Be saddled and ready to ride at 10:00 AM, Saturday, September 25. There will be 3 different rides to choose from depending on one's preference: There will be a long ride, a medium ride and short ride led by experienced trail bosses. This is a members-only ride. Juniors are permitted with riding member parent or guardian.

We will provide dinner on September 25 and breakfast on September 26 at an additional cost of \$30 per person. Participants are responsible for their own beverages.

Five Brooks Camp offers picnic tables, water, post for high lines, hot showers and toilets.

A few items you may want to bring along:

Rope for highline, garden hose, bucket, hay fork, feed, portable panels (optional), sleeping bag, cot, tent, chair, personal items, etc.

There are limited overnight slots, so do not wait: Please call Nimfa at 415-898-4480 for a reservation or send an email to [nimfa@gofficesolutions.com](mailto:nimfa@gofficesolutions.com), including any questions you may have.



## Novato Horsemen All-Around Horse Show



Sunday October 3<sup>rd</sup>, 2021 9 am to 4 pm Novato Horsemen's Arena 600 Bugeia Lane

Noon - Vaulting Demo - Morning Star Vaulters

Sponsored by Novato Horsemen

Entry Fees: \$20 per class non-members: NHI and NHJ members \$15 per class

Post entries additional \$5 per class after September 29<sup>th</sup>

Prizes for High Point Rider/Horse Combinations

Classes may run simultaneously.

1. English Equitation
2. English Pleasure
3. Western Equitation
4. Western Pleasure
5. Dressage (English or Western tack)
6. Trail Horse (English or Western tack)
7. Gambler's Choice Jumpers
8. High Jump
9. Barrel Race
10. Pole Bending

### General Rules and Guidelines

All riders must wear protective ASTM certified helmets. Riding boots with a smooth sole and hard heel are required. Riders should have a neat, workmanlike appearance. Hunt coats or chaps optional. Horses should be well groomed and in good condition. Braiding optional.

For classes 1,2,3,4 and 5 martingales or tie-downs are not allowed. Protective boots on the horse will be allowed. Equitation is judged on the rider's balance and harmony with the horse, correct position at every gait, commanding but relaxed presence and ability to direct the horse with imperceptible aids. Riders will be expected to know their diagonals at the posting trot and know their leads at the canter. English riders may be asked to sit the trot and western riders may be asked to extend the jog. All may be asked to back their horses.

Pleasure is judged on the horse. Manners and way of going which make the horse a pleasure to ride!

Dressage (English or Western) will use USDF Intro Test A for Novice, Intro Test C for Advanced

Gambler's Choice Jumper Class is judged by points gained by jumping your own course over fences with various point values within 35 seconds. Each jump may be jumped twice. Falls or three refusals result in elimination. Touches not to count. The horse and rider with the most points is the winner.

High Jump entries to jump one jump starting at 18". Jump will be raised 3" each round until one horse is left. A refusal, fall or knock eliminates. A horse may only enter once for this class.

#### Levels:

**Advanced** classes are for horses and rider combos who can walk, trot and canter and are considered experienced.

**Novice** classes are for riders who are less experienced and who are not ready to canter.

**Lead Line** classes are for the very young or special needs rider who needs a side walker or lead line on the horse at the walk and trot/jog.

**\*Note that rider/horse combinations may not enter more than one level. Advanced combos may not enter a novice class nor may a novice combo enter an advanced class.**

One rider/horse combination per entry form. Members of Novato Horsemen and/or Morning Star Vaulters have a discounted entry fee because their clubs/parents are helping to run this show.

Signed release forms must accompany entry forms.

Ribbons 1<sup>st</sup> through 6<sup>th</sup>. Additional prizes at the discretion of show management.



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## Novato Horsemen All-Around Horse Show Entry Form Oct. 3, 2021

**Use one form per horse/rider combination**

Mail to Horse Show c/o Carolyn Conner, 95 San Miguel Way, Novato CA 94945 with checks payable to Novato Horsemen, Inc. Entries must be received by September 29th to avoid the post entry fee. Call or text Carolyn at 415-246-4377 for info or help.

First name:		Last Name:	
Address		City, St, Zip	
Date of Birth		Phone:	
Horse's Name:		Age, Breed, Sex	

Contact Email Address \_\_\_\_\_

Instructor/Trainer \_\_\_\_\_

Horse Owner Name \_\_\_\_\_

Owner's Phone \_\_\_\_\_

Circle if you are a member:     Novato Junior Horsemen                       Novato Horsemen, Inc.

Check classes and circle level:

- |  |                             |
|--|-----------------------------|
| <input type="checkbox"/> Class 1 English Equitation          | Advanced, Novice, Lead Line |
| <input type="checkbox"/> Class 2 English Pleasure            | Advanced, Novice, Lead Line |
| <input type="checkbox"/> Class 3 Western Equitation          | Advanced, Novice, Lead Line |
| <input type="checkbox"/> Class 4 Western Equitation          | Advanced, Novice, Lead Line |
| <input type="checkbox"/> Class 5 Dressage English or Western | Advanced, Novice            |
| <input type="checkbox"/> Class 6 Trail                       | Advanced, Novice, Lead Line |
| <input type="checkbox"/> Class 7 Gambler's Choice            | Advanced, Novice            |
| <input type="checkbox"/> Class 8 High Jump                   | Advanced only               |
| <input type="checkbox"/> Class 9 Barrel Race                 | Advanced, Novice, Lead Line |
| <input type="checkbox"/> Class 10 Pole Bending               | Advanced, Novice, Lead Line |

Non-Member:                      Total Classes \_\_\_\_\_ X \$20 per class = \_\_\_\_\_

NHJ or NHI member:                      Total Classes \_\_\_\_\_ X \$15 per class = \_\_\_\_\_

Post Entry Fees after September 29<sup>th</sup>: Total classes \_\_\_\_\_ X \$5 per class = \_\_\_\_\_

**Total Entry fees**  Check # \_\_\_\_\_



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## Novato Stars All-Around Horse Show – Release of Liability

**WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT** I (we) am (are) voluntarily entering into the following agreement with NOVATO HORSEMEN, INC. and/or NOVATO JUNIOR HORSEMEN (“NJH’s”) together with their sponsors, property owners, officials, and affiliates and their respective directors, officers, employees, agents, volunteers, representatives, and affiliated persons or entities (all of these persons and entities will collectively be referred to in this agreement as “NHI”). In addition to myself (ourselves), I (we) also make this agreement on behalf of the following persons who are my (our) children or legal wards (under 18 years of age). These persons may attend or participate in open events sponsored or organized by NHI or closed events of members of NHI, and I (we) agree to bind them to this agreement. :

Child’s Name \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth \_\_\_\_\_

All parts of this agreement shall apply to me (us) and the children/legal wards listed above. [We will collectively call ourselves “I”, “me”, “my”, “we”, “us” or “our” throughout this agreement.] This agreement shall be binding at all times, now and in the future, when NHI permits me (us) (directly or indirectly) to attend or participate in events sponsored or organized by NHI at any location. In consideration of NHI allowing me (us) and/or my (our) minor children or legal wards to attend or participate in events sponsored or organized, in whole or in part, by NHI, I (we) agree as follows:

**1. EXPRESS ASSUMPTION OF RISKS.** When preparing for, entering, attending, participating in, or leaving events sponsored or organized in whole or in part by NHI. Horses, mules and ponies are unpredictable by nature. For example, when frightened, angry, or under stress, the natural instincts of a horse, mule or pony are to jump forward or sideways, or run away from danger by trotting or galloping. Horses, mules and ponies are also known to kick, buck, rear up, spin around, strike, or bite. I (we) know that horses, mules or ponies can do these things without warning. I (we) also understand that all horses, mules and ponies are powerful and could have the potential to be dangerous to people who ride, handle, or are around them.

Further, I (we) understand that riding, handling, or being near a horse, mule or pony can expose me (us) to numerous hazards, which could include, for example: the propensity of a horse, mule or pony to behave in ways that may result in injury, harm, or death to persons around them; the unpredictability of a horse, mule or pony’s reaction to sounds, sudden movements, and unfamiliar objects, persons, or other animals; certain hazards such as surface or subsurface conditions on the land; and/or collisions with other horses, mules, cattle, ponies, or objects. I (we) understand that these risks and dangers can occur with or without negligence on part of NHI, and I (we) expressly agree to assume all of these risks. I (we) also understand that these are just some risks, and I (we) agree to assume others; I (we) am (are) not relying on NHI to list all possible risks for me (us).

**WAIVER AND LIABILITY RELEASE.** As lawful consideration for being permitted to attend or participate in events sponsored or organized, in whole or in part, by NHI at any location, now and in the future, I (we) agree to assume full responsibility for any and all bodily injuries or damages which I (we) may sustain when engaging in these and other activities caused by the ordinary negligence of NHI. The term “damages” means, for example, medical expenses; losses incurred because of bodily injuries or property damages, and/or personal property damages. I (we), for my (our) heirs, administrators, personal representatives, agents, and assigns, waive, release, discharge, and covenant not to sue Novato Horsemen, Inc. and/or Novato Junior Horsemen, together with their sponsors, property owners, officials, and affiliates and their respective directors, officers, employees, agents, volunteers, representatives, affiliated persons or entities, and others acting on their behalf of and from any and all claims, damages, actions, omissions, suits, or causes of action (present and future), whether or not the claims are known or unknown, arising out of the ordinary negligence of any of these parties.

**INDEMNITY AGREEMENT.** I (we) also agree to indemnify and hold harmless Novato Horsemen, Inc. and/or Novato Junior Horsemen, together with their sponsors, property owners, officials, and affiliates and their respective directors, officers, employees, agents, volunteers, representatives, affiliated persons or entities, and other acting on their behalf against all damages which are sustained or suffered by any third person(s) [people who are not parties to this Agreement, including, but not limited to, participants, spectators, visitors, guests, or others], including any and all injuries or damages whatsoever that I (we) [or my (our) horse(s), mule(s) or pony(ies)] may cause, directly or indirectly, while attending or participating in events sponsored or organized in whole or in part by NHI. The indemnity shall include reimbursement of NHI’s attorney fees and court costs.

• **PROTECTIVE HEADGEAR.** For my protection, NHI advises me (us) to consider purchasing and wearing properly fitted and secured ASTM-standard/SEI-certified protective equestrian headgear when riding or when near horses or ponies I (we) am (are) not relying on NHI to monitor my (our) compliance with this suggestion, and I (we) understand that NHI will not check my (our) helmet (if I (we) wear one) or provide one for me (us) (if I (we) do not).

• **MISCELLANEOUS.** This agreement is governed by California law and is intended to be as broad and inclusive as is permitted under the law. Should any clause conflict with California law, only that clause will be null and void and the remainder shall stay in effect. This agreement can only be modified or terminated by a written agreement that is signed by the President of NHI and me. If I (we) breach this agreement, I (we) agree to pay attorney’s fees and court costs incurred by NHI related to such breach.

• **HEALTH AND DISABILITIES.** Many disabilities have conditions that pose special physical risks to participants during exercise. Horseback riding is exercise. I (we) understand that NHI recommends that I (we) seek the advice of a physician before participating in activities that involve riding or being near horses, mules or ponies.

• **ALSO, I (WE) REPRESENT THAT:**

- AT THE TIME I (WE) AM (ARE) SIGNING THIS, I (WE) AM (ARE) OF SOUND MIND AND NOT SUFFERING FROM SHOCK OR
- UNDER THE INFLUENCE OF ALCOHOL, DRUGS, OR INTOXICANTS; I (WE) HAVE CAREFULLY READ THIS WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY
- AGREEMENT (BOTH PAGES), AND I (WE) FULLY UNDERSTAND IT; AND I (WE) AM (ARE) AWARE THAT THIS CONTRACT IS LEGALLY BINDING AND THAT I (WE) AM (ARE) GIVING UP LEGAL RIGHTS
- AND/OR REMEDIES TO ASSERT A CLAIM FOR NEGLIGENCE.

Signature -Contracting Party

Date:

Signature -Contracting Party

Date:

Printed Name

Printed Name

Signature of Parent(s) or Legally Appointed Guardian [If competitor or participant is under 18)

## Classified Ads

### Pasture Boarding Available at Horse Hill in Mill Valley

Horse Hill in Mill Valley currently has room for one more! We pasture board 14 horses on close to 40 acres on the west side of highway 101. Cost is \$120 a month with a one-time \$2k membership fee. Horses must pass soundness exam and be able to live within herd in open space with limited shelter. Owners must be willing to feed and muck every couple of months. Contact [horsehillboarding@gmail.com](mailto:horsehillboarding@gmail.com) or Beth Chapin, Horse Hill Spot Committee: (619) 993-9875.

### Retirement Boarding in Private Barn and Pasture in Sonoma

Please call Sylvie Tolosa for more information: (415) 328-5494.



**Toni Shroyer**  
REALTOR®, SRES, TOP AGENT  
CalRE #01876201

**COLDWELL  
BANKER**  
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