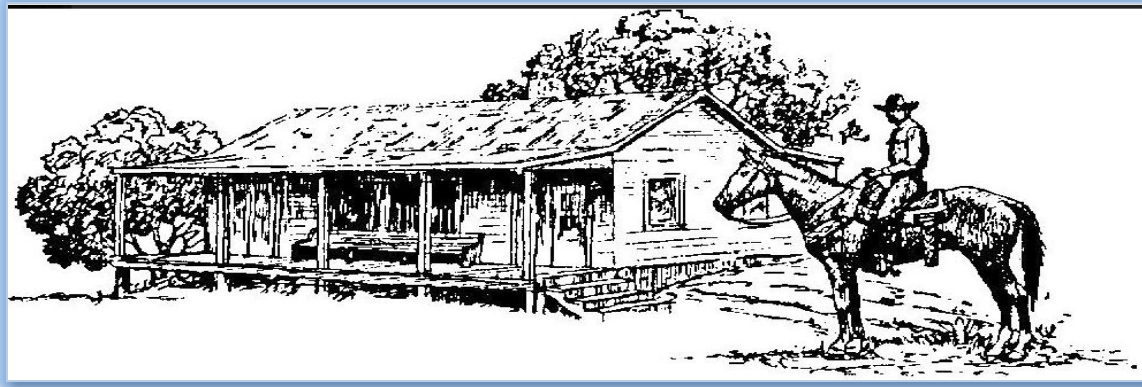


Novato Horsemen, Inc. Newsletter – April 2021



2021 Board of Directors:

President	AJ Gigliotti	415-898-4480	agtis88@gmail.com
Vice President	Shawn Mulholland	415-279-2502	shawnmulholland@gmail.com
Treasurer	Henry Choi	415-730-5539	hhc1968@yahoo.com
Recording Secretary	Joan Murphy	415-519-8423	immurphy49@comcast.net
Corresponding Secretary	Sarah Bulgatz	415-827-5137	sbulgatz@comcast.net
Past President	Alyssa Aubrey	707-878-2440	alysa@horsesdream.us

2021 Board Members at Large:

Kimberly Fishman	415-310-1862	carriagerental@yahoo.com
Kim O'Brien	415-895-1111	kimobrienbangkok@yahoo.com
Marty McCowen	415-309-6710	Mmccowen@comcast.net
Beth Roens	415-613-9955	b_roens@hotmail.com
Mike Willin	415-519-1193	raceyralph@gmail.com

2021 Junior Advisors:

Rosella Arnold	415-516-8158	rosellaarnold@yahoo.com
Rebecca Cowlin	415-497-0681	rebecca@afterhoursmktg.com
Toni Shroyer	415-640-2754	tonishroyer@hotmail.com

Snack Shack Coordinator:

Henry Choi	415-730-5539	hhc1968@yahoo.com
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NHI Calendar

April 2021 Meeting Dates:

General Meeting – Cancelled
Junior Meeting – Tuesday, 4/13
Senior Board Meeting – Tuesday, 4/20

Want to host a clinic or schedule an event/program at NHI?

If you'd like to reserve any 2021 or 2022 dates, contact the NHI Caretaker and calendar-keeper, Karen Kilian, since we are currently not holding calendar meetings in person. She will let you know the procedures for approval. Karen Kilian: 415-897-0794 or 1EeyoreNut@gmail.com.

*Vaulting trio Leilani Arian and her daughters,
Junior NHI members Mila and Kalea,
on Carolyn Conner's Belgian mare, Sandy.*



President's Message, April 2021

Dear Members:

Now that we've changed our clocks and the sun is out longer, it is a great time to take advantage of our wonderful weather and devote more time to our equines. Many people are still working remotely, so they may have more time than in years past. Covid 19 has been devastating these past 12 months, but all the signs indicate that we may return to some sort of normalcy soon. Fortunately, infections and hospitalizations have fallen in recent weeks, and more people are getting vaccinated. All are excellent trends!! We hope this continues.



Our local counties have also lifted a few restrictions, and if these trends continue to improve in the coming weeks, we are optimistic that we may loosen our own restrictions and resume several activities at the club, including in-person meetings and events. In the meantime, please be sure to familiarize yourself with our Club rules (on page 6 of this newsletter), and follow them closely. They are important measures that we've put in place with respect to the pandemic and requirements within the County of Marin.

I'd like to say a word or two about work parties at NHI and volunteerism in general. We are nothing without the support of our members! We depend on volunteers to get a lot of routine and ongoing work done – all for the benefit of the club and its membership. We've had a couple of work parties so far this year, to eradicate toxic plants and to clean up the grounds and the clubhouse, and we are planning several more in the coming weeks and months. We'll send out a blast email to let you know when these are scheduled, and we hope you'll consider pitching in! Many hands make light work, and a small contribution from you can make a big difference. A big thank-you to those who have donated their time in the past, and another big thank-you to those who will consider doing so in the future.

I want to encourage all our members to stay safe, take advantage of our open space and the club grounds to exercise, ride and train your animals. Members need to know that our club grounds are generally open, subject to certain closures. As noted above and with respect to our rules, we require members to follow social distancing guidelines and wear a face mask when appropriate while on club property.

Stay safe and see you in the saddle soon. Happy Trails!!

AJ

* * *

Getting to Know the 2021 Board of Directors

Q & A with Vice President Shawn Mulholland



Shawn with his buddy, Kota, out on the trail snowboarding. At right (top to bottom): Shawn with his cutting horse, Oak, from Oklahoma; and with his nephew, Cole, in Tahoe.

What are your responsibilities as Vice President on the Board?

I attend regular Board meetings and fill in for the president in times of absence; I assist with committees such as the cattle committee; I encourage participation in the club; and I welcome new members as well as provide support to the rest of the Board.



Where do you currently work, or what do you do professionally?

I am a builder/contractor. I am told that I'm a jack-of-all-trades and a master of none.

How do horses fit in your life?

My horses are an extremely large and important part of my life. They provide me with friendship, bonding, companionship, a lifestyle, and chores. They also tend to agree with me, unlike some people, which is a plus. My horses are a part of life that comes with my lifestyle. I got my first pony 58 years ago when my father brought him home, about which my mother was none too pleased. Horses came back into my life about 30+ years ago.



How long have you been a member of NHI and how long have you lived in Novato?

I have been a member of NHI for over 20 years. I grew up in the Marin/SF area and raised my family in Novato. I have been here for 30 years and presently reside with my wife on a small horse and cattle ranch in Cotati.

In your opinion, what's the greatest opportunity that NHI has in the coming months/years?

I believe that the greatest opportunity we have is to come out of our societal and pandemic issues stronger than ever by teaching and building community, connections and encouraging an equestrian way of life.

Aside from things equine, what are your hobbies/interests?

A few of my interests are the mountains, animals, outdoors, traveling, and friends. I am outgoing, I believe the glass is always half full, and I believe that our youth are our future and need support and encouragement. I try to look at all sides and positions in life and find common ground. I stand by accountability and representation.

On the Trail

Words of Wisdom from Trainer and Clinician Warwick Schiller

Warwick says, "There's a certain type of question I get asked a lot, and it happened again today. The question is this: 'I have had this horse a very short time, and don't understand why he won't let me touch his ears-back-feet-sheath-udder-etc.' This morning when that question was asked, I thought my reply was worth sharing, so here it is..."

Imagine you are reading a Dear Abby letter.

'Dear Abby, for the past week I have known a girl I'm attracted to. There are certain parts on her body she won't let me touch. What do I have to do to get her to let me touch them?'

Whatever you think Dear Abby's answer would be will answer your question!"

NHI Volunteers at Work

Thanks to Jana Hefner for her efforts in organizing a toxic weed-pulling work party in late February. Along with Jana were Marty McCowen (board member) and her granddaughter, Morgan; Melissa Jacobs; and Laura Turner. The five of them pulled out a lot of stinging nettle and fiddleneck, both harmful to equines. Thanks to their efforts, our horses are a lot safer at NHI!



Marty McCowen and granddaughter, Morgan, hard at work. At left are images of fiddleneck. Below, right, is stinging nettle.



Be aware that if fiddleneck is ingested over a period of time, horses will develop pyrrolizidine alkaloid toxicity, which can lead to liver failure. Clinical signs usually don't become apparent until months or sometimes up to a year following ingestion of the plant.

Stinging nettle can injure the horse's skin and mouth, resulting from the plant's trichome stingers. They contain irritant chemicals which are injected into the skin after the trichome breaks the dermal barrier.

(continued on following page)

NHI Volunteers at Work (Continued)

Hats off, too, to Karen Kilian for organizing the work party on Saturday, March 20, to rake out the horse pens, mow and pull weeds, spray-wash bleachers, and clean up and rodent-proof the clubhouse and kitchen. A very special shout-out to Lauren Magner for rolling up her sleeves and working long and hard in the clubhouse to ready it for use (hopefully one day soon – in the not-too-distant future). Thanks, too, to Board Vice President Shawn Mulholland for sending a work crew to pitch in.

Membership Update

New Members

Welcome new member Debi Cournale (sponsored by Jane Ratto), who was approved as a new member by the Board at its monthly meeting on March 16.

Membership Applicant: Louise Mock

“San Francisco was my home but I moved to Petaluma in the ‘80s, and am recently retired from finance. After years of keeping early market hours and commuting to the city, sleeping in is like Nirvana and I couldn’t be happier!

Pilot, my wonderful, but bratty, Morgan loves to go out on the trail with his buddies...oh and with me, too!

The club has always put on a great variety of fun events, and I finally have the time and look forward to helping support these activities. Nancy Ley is my sponsor.”



Louise with her main squeeze, Pilot

* * *

Until we can resume our monthly in-person general meetings, new membership applications will continue to be handled via this newsletter. Applicants for NHI membership should submit with their application a brief introduction (i.e., a brief bio) and a photo, which we will publish in the next newsletter. This process will be in lieu of in-person introductions and voting in at a general meeting. If any 2021 senior NHI members have reservations about any new applicants, they should contact a Board member. The Board will accept each new member as voted in at the following Board meeting, if no objections have been received.

Arena and Club Grounds

Please be sure to carry your membership card when you're on club grounds. Particularly during this time of Covid restrictions, the club is less frequented, and occasionally unfamiliar faces are seen on the grounds. As a reminder, you may be asked to show your membership card.

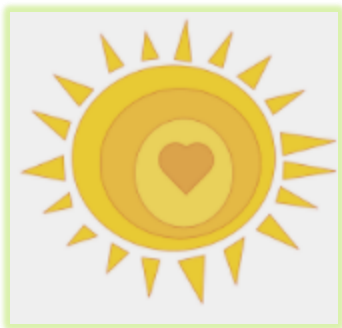
Reminder: Lifetime members are required to send in a completed and signed (two signatures) application every year. It is a matter of insurance requirements. Thank you!

If you're using the wheelbarrows to clean up manure, please empty them when they're full on the manure pile next to Karen Kilian's trailer, and then put them back where you found them. Thank you!



Reminder: NHI Club Use Rules

- The club is open to members only, and for the purpose of riding and/or exercising your horses.
- **Masks are required to be worn** if you are closer than six feet from anyone who is not a member of your household. In other words, persons who are outdoors and maintaining a distance of at least six feet from others are not required to wear a mask. However, such persons must have a face covering with them at all times and must put it on if they are within six feet of others who are not in their household.
- No other form of socializing on club grounds is allowed at this time.
- Main Arena: No more than 6 riders at a time, maintaining social distance.
- Turnouts now allowed if no riders are waiting to ride.
- Warm-Up Arena: No more than 2 riders at a time, maintaining social distance.
- Round Pen: No more than 1 rider at a time. Turnouts allowed.
- Riders are allowed to ride for one hour in the arenas.
- Please keep track of your time and be respectful if others are waiting to ride.
- Riders may use the club for up to 2 hours (split between arenas) but must exit the club grounds after 2 hours. This will reduce the possibility of "gatherings."
- Trails are open! You may haul to the club grounds to park and then ride out from NHI via along the road. Do not use the old access trails behind the clubhouse.



Know someone who could use a little "sunshine"? From time to time, we all experience milestones or tough, challenging times. If you know someone like this, please alert [Kimberly Fishman](#) who heads up our Sunshine Committee.



Novato Horsemen, Inc. Newsletter – April 2021

NOVATO HORSEMEN, INC.
 P.O. BOX 456, NOVATO, CA 94948
SENIOR MEMBERSHIP APPLICATION –2021

To Be Completed By NHI
 Ck# _____ \$ _____
 Date Voted In _____
 Date Card Mailed _____

Name of Member _____ Spouse _____
 New Member(s) Renewal(s) Lifetime Member(s)
 Mailing Address: _____

Street _____	City _____	State _____	Zip _____
Member	Spouse		
Phone: _____	Phone: _____		
Email: _____	Email: _____		

Annual Dues

Individual Membership \$100.00 Associate Membership \$25 Couples Membership \$150.00
 Individual Initiation/Late Fee \$30.00 Couples Initiation/Late Fee \$60.00

New members (and existing members renewing after the March General Meeting) are subject to the initiation/late fee.

Sponsor's Name: _____ (required for new members)

Areas of Interest (check all that apply!)

Equestrian: Horse Shows Trail Tests Cattle Events Dressage Gymkana Jumping Clinics

Other _____

Social Events: Trail Rides Meetings Crab Feed Haunted House Dinner Dance July 4th Parade

Other _____

Miscellaneous: Work Parties Bartending Cooking BBQ Computer Tech Contractor Skills

Other _____

MEMBERSHIP AGREEMENT

As a member, I hereby agree to abide by the Rules and Bylaws of Novato Horsemen, Inc. I understand that if I am a new member, I must attend a General Membership Meeting within 60 days of submitting this application to complete the requirements for membership. If I do not attend a meeting, the dues and initiation fee are retained by Novato Horsemen, Inc., and membership is canceled.

✓ Member Signature _____ ✓ Member Signature _____

WAIVER & RELEASE OF LIABILITY FORM

I (We) have read the contract on the back (or attached hereto) of this Senior Membership Application and I (we) am (are) aware that the contract is legally binding and that I (we) am (are) giving up legal rights and/or remedies to assert a claim for negligence.

Signature – Contracting party _____	Date _____	Signature – Contracting party _____	Date _____
Printed Name _____		Printed Name _____	

✂ _____ cut here



Name(s) _____

Must attend a general membership meeting within 60 days to complete the requirements for membership

Received by _____

Check # _____ Cash _____

Amount Redeved \$ _____

Today's Date _____

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

I (we) am (are) voluntarily entering into the following agreement with NOVATO HORSEMEN, INC. and/or NOVATO JUNIOR HORSEMEN ("NHI") together with their sponsors, property owners, officials, and affiliates and their respective directors, officers, employees, agents, volunteers, representatives, and affiliated persons or entities (all of these persons and entities will collectively be referred to in this agreement as "NHI").

In addition to myself (ourselves), I (we) also make this agreement on behalf of the following persons who are my (our) children or legal wards (under 18 years of age). These persons may attend or participate in open events sponsored or organized by NHI or closed events of members of NHI, and I (we) agree to bind them to this agreement. :

Child's Name: _____ Age: _____ Child's Name: _____ Age: _____

All parts of this agreement shall apply to me (us) and the children/legal wards listed above. [We will collectively call ourselves "I", "me", "my", "we", "us" or "our" throughout this agreement.] This agreement shall be binding at all times, now and in the future, when NHI permits me (us) (directly or indirectly) to attend or participate in events sponsored or organized by NHI at any location.

In consideration of NHI allowing me (us) and/or my (our) minor children or legal wards to attend or participate in events sponsored or organized, in whole or in part, by NHI, I (we) agree as follows:

1. EXPRESS ASSUMPTION OF RISKS. When preparing for, entering, attending, participating in, or leaving events sponsored or organized in whole or in part by NHI. Horses, mules and ponies are unpredictable by nature. For example, when frightened, angry, or under stress, the natural instincts of a horse, mule or pony are to jump forward or sideways, or run away from danger by trotting or galloping. Horses, mules and ponies are also known to kick, buck, rear up, spin around, strike, or bite. I (we) know that horses, mules or ponies can do these things without warning. I (we) also understand that all horses, mules and ponies are powerful and could have the potential to be dangerous to people who ride, handle, or are around them.

Further, I (we) understand that riding, handling, or being near a horse, mule or pony can expose me (us) to numerous hazards, which could include, for example: the propensity of a horse, mule or pony to behave in ways that may result in injury, harm, or death to persons around them; the unpredictability of a horse, mule or pony's reaction to sounds, sudden movements, and unfamiliar objects, persons, or other animals; certain hazards such as surface or subsurface conditions on the land; and/or collisions with other horses, mules, cattle, ponies, or objects. I (we) understand that these risks and dangers can occur with or without negligence on part of NHI, and I (we) expressly agree to assume all of these risks. I (we) also understand that these are just some risks, and I (we) agree to assume others; I (we) am (are) not relying on NHI to list all possible risks for me (us).

2. WAIVER AND LIABILITY RELEASE. As lawful consideration for being permitted to attend or participate in events sponsored or organized, in whole or in part, by NHI at any location, now and in the future, I (we) agree to assume full responsibility for any and all bodily injuries or damages which I (we) may sustain when engaging in these and other activities caused by the ordinary negligence of NHI. The term "damages" means, for example, medical expenses; losses incurred because of bodily injuries or property damages, and/or personal property damages. I (we), for my (our) heirs, administrators, personal representatives, agents, and assigns, waive, release, discharge, and covenant not to sue Novato Horsemen, Inc. and/or Novato Junior Horsemen, together with their sponsors, property owners, officials, and affiliates and their respective directors, officers, employees, agents, volunteers, representatives, affiliated persons or entities, and others acting on their behalf of and from any and all claims, damages, actions, omissions, suits, or causes of action (present and future), whether or not the claims are known or unknown, arising out of the ordinary negligence of any of these parties.

3. INDEMNITY AGREEMENT. I (we) also agree to indemnify and hold harmless Novato Horsemen, Inc. and/or Novato Junior Horsemen, together with their sponsors, property owners, officials, and affiliates and their respective directors, officers, employees, agents, volunteers, representatives, affiliated persons or entities, and other acting on their behalf against all damages which are sustained or suffered by any third person(s) [people who are not parties to this Agreement, including, but not limited to, participants, spectators, visitors, guests, or others], including any and all injuries or damages whatsoever that I (we) [or my(our) horse(s), mule(s) or pony(ies)] may cause, directly or indirectly, while attending or participating in events sponsored or organized in whole or in part by NHI. The indemnity shall include reimbursement of NHI's attorney fees and court costs.

4. PROTECTIVE HEADGEAR. For my protection, NHI advises me (us) to consider purchasing and wearing properly fitted and secured ASTM-standard/SEI-certified protective equestrian headgear when riding or when near horses or ponies I (we) am (are) not relying on NHI to monitor my (our) compliance with this suggestion, and I (we) understand that NHI will not check my (our) helmet (if I (we) wear one) or provide one for me (us) (if I (we) do not).

5. MISCELLANEOUS. This agreement is governed by California law and is intended to be as broad and inclusive as is permitted under the law. Should any clause conflict with California law, only that clause will be null and void and the remainder shall stay in effect. This agreement can only be modified or terminated by a written agreement that is signed by the President of NHI and me. If I (we) breach this agreement, I (we) agree to pay attorney's fees and court costs incurred by NHI related to such breach.

6. HEALTH AND DISABILITIES. Many disabilities have conditions that pose special physical risks to participants during exercise. Horseback riding is exercise. I (we) understand that NHI recommends that I (we) seek the advice of a physician before participating in activities that involve riding or being near horses, mules or ponies.

7. ALSO, I (WE) REPRESENT THAT:

- AT THE TIME I (WE) AM (ARE) SIGNING THIS, I (WE) AM (ARE) OF SOUND MIND AND NOT SUFFERING FROM SHOCK OR UNDER THE INFLUENCE OF ALCOHOL, DRUGS, OR INTOXICANTS;
- I (WE) HAVE CAREFULLY READ THIS WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT (BOTH PAGES), AND I (WE) FULLY UNDERSTAND IT; AND
- I (WE) AM (ARE) AWARE THAT THIS CONTRACT IS LEGALLY BINDING AND THAT I (WE) AM (ARE) GIVING UP LEGAL RIGHTS AND/OR REMEDIES TO ASSERT A CLAIM FOR NEGLIGENCE.

Signature -Contracting Party _____ Date _____
Printed Name _____

Signature -Contracting Party _____ Date _____
Printed Name _____

NHI Member News & Photos

Dogs Required to be On Leash at O’Hair Park

Thanks to the lobbying efforts of Toni Shroyer and the receptivity of Novato City Manager Adam McGill, five dog leash signs have been installed at O’Hair Park. “Adam McGill has been the most proactive Novato City Manager we have had,” says Toni. “I appreciate his diligence in public safety (he used to have Quarter Horses).”



Winning Smile

Nicole Shroyer won first place and second place in her division in March for Reigning at Rolling Hills Casino in Corning. This was her first reigning show. Nicole is past president of Novato Junior Horsemen, and currently serves as vice-president. She has been training with Galligan Performance Horses since November. Nicole is also a vaulter at the silver level at Morning Star Farms with Coach Carolyn Conner. Nicole is the only known competitor for both vaulting and reigning. Photo with Trainer Ollie James Galligan (a reigning champion at The World Equestrian Games).



View from atop a Warmblood

Carolyn Conner enjoyed a ride on her horse, Benji, at O’Hair Park on a beautiful spring day!

Classified Ads



Just LISTED

RE/MAX

411 SCHOOL ROAD
Novato CA 94590

1,499,000

3 1.5 1750



Novato Horse property COMING SOON! This beautiful 2.25 acre horse property includes 3 stall barn complete with water, electrical and hay storage; circle driveway for easy trailer turn around; a 60 foot round pen with drainage and sand. The entire property is fenced and cross fenced with post, rail and non climb wire. Only 1.5 miles from Novato Horseman. The home itself is the pride of ownership. Updated from top to bottom. Great location and easy commute in any direction. Just miles from the smart train. Please reach out with any questions or to schedule a tour.



STEF THOMPSON
Realtor
stefthompson@outlook.com
stefthompson.com
7073285157 (Main)
01962545



RE/MAX GOLD
5030 Business Center Drive STE. 170
Fairfield, CA 94534

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Classified Ads (Continued)

Seeking a Pasture Cleaner for Small Animal Farm in Novato

Looking for an animal person with some horse experience who wants to supplement income. Help out cleaning pasture and other light tasks on small farm with exotic and friendly farm animals who will make you smile. Job is very physical and requires some lifting. 3 hours, 2 times a week, flexible days, \$15/hour (\$360/month), payable twice a month. Email with interest, experience and references to: drjean415@gmail.com

Volunteers Wanted for Animal Farm

Seeking ongoing volunteer(s) to play with and groom my exotic farm animal critters, horses, ponies, mini horses and mini donkeys, baby goats, pot-belly pig, friendly llamas, 20 lb. Flemish Giant bunnies. Two miles from Horsemen's Club. Email your interest and experience: drjean415@gmail.com

Wanted: Draft or Draft-Cross Vaulting Prospect Must love people and have more whoa than go. Green broke is fine. Disposition most important. Morning Star Vaulters (non-profit youth group) looking to buy a suitable prospect – or acquire the horse via tax-deductible donation: 415-246-4377 please leave message.

For Sale: Three Rolls of 72 in. x 100 ft. Horse Fence with Galvanized Steel Class 1 Coating
Paid \$1,000; selling all three for \$600. 10 feet is cut down on one of the rolls. Must pick up (Novato). If interested, text 415-328-3638.

Unique, Handmade Jewelry for Sale

Earrings and pendants designed by Christopher Berkov. Designs feature 14k gold and precious gemstones, including black and fire opal, garnet, sapphire, zircon, spinel and sphene. Visit Berkov Designs / call 415-892-1830 for more info.



Toni Shroyer
REALTOR®, SRES, TOP AGENT
CalRE #01876201

COLDWELL BANKER
RESIDENTIAL BROKERAGE

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